



*Religious Life:  
the Hospice  
“Living the  
Message of Lourdes”*

At the Hospice with the sisters, Bernadette made her First Holy Communion, was able to study the catechism to grow in the knowledge of faith while growing in love and to grow in holiness.

Bernadette prayed for her vocation. She waited to know where God called her to live a life of holiness, to best live the Message of Lourdes to sanctity in her everyday life.

Let us pray for our vocation in life:

*Lord, please help me to know my vocation in life,  
help me to know where You would want me to go,  
what Sacramental life you would chose me to live  
to grow in holiness and closer to You,  
wherever that may be!*

*Sanctifying Life:  
St. Gildard at Nevers  
“Vocation to Holiness”*

First as a novice and then as a sister in the convent, Bernadette offered her daily duties in joyful surrender as both her prayer and her penance for poor sinners.



Bernadette offered her everyday tasks in the care of the sick in the infirmary for the conversion of sinners. When confined to her own bed in the infirmary, her inability became her daily loving offering as her vocation of prayer.

Let us pray for our vocation to holiness:

*Lord, help me to live my daily life  
pleasing to You in all that I do.*

*Our Lady of Lourdes, please pray for me!  
St. Bernadette, please pray for me!*

*Eternal Life:  
The Happiness of the Other World  
“Grotto Promise”*

When the Mother of God first spoke to Bernadette in the Grotto, she said to her, “I do not promise you the happiness of this world, but of the other world...”

How true this is for each one of us! We do not always have happiness in this life everyday, but we are promised the happiness of eternal life freely gifted to us by Christ.



Let us pray to live a holy life to eternity:

*Beautiful Saint Bernadette,  
help me to live my everyday life  
worthy of the happiness of the Other World!*

*St. Bernadette Soubirous*

Born: January 7, 1844  
Baptized: January 9, 1844

18 Apparitions in the Grotto:  
February 11, 1858–July 16, 1858  
First Confession: February 12, 1858  
First Holy Communion: June 3, 1858

Entered Religious Life: July 4, 1866  
Died: April 16, 1879

Beatified: June 14, 1925  
Canonized: December 8, 1933



*Our Lady of Lourdes Hospitality  
North American Volunteers*

*In the  
Footsteps  
Of  
Bernadette...*



*...lend me your shoes  
to show me  
your way to holiness...*

[www.LourdesVolunteers.org](http://www.LourdesVolunteers.org)

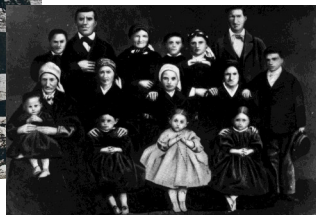
## Family Life: the Boly Mill

### "Vocation of Love"



Boly Mill

Soubirous Family



Bernadette was born into a family of love with all the challenges and joys of normal everyday family life.

*Lord, in loving my family, I grow in loving You.  
For Bernadette, her family was her foundation of holiness.  
Help me to be the same for my family.*

Let us pray for your family at the mill:

*Lord, please help my family to pray together,  
to grow in love and to grow in holiness.*



## Sacramental Life: Parish Church

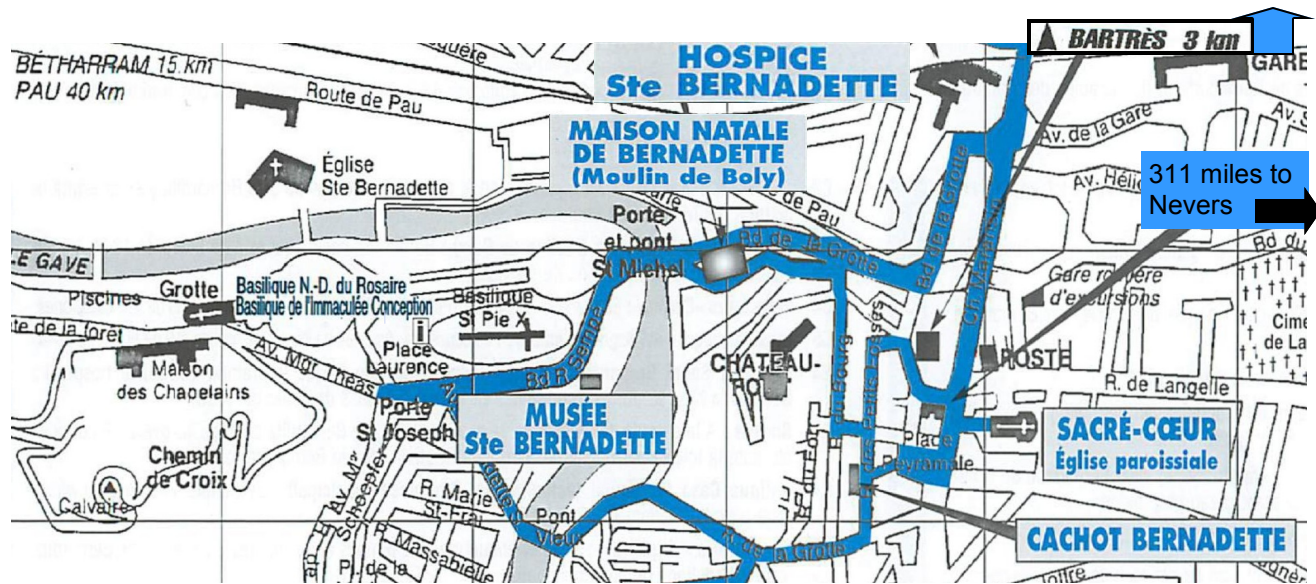
### "A Child of God"

Bernadette was a Christian and then declared a saint because she fully lived the grace of her baptism.

*Lord, through the Sacrament of Baptism  
You brought me into Your Kingdom.  
For Bernadette this same baptism bore the fruit of holiness.  
May my pilgrimage renew the grace of my own baptism.*

You are invited to bless yourself with water from the Baptismal font making the Sign of the Cross:

*† In the name of the Father, the Son  
and the Holy Spirit. Amen.*



## Prayer Life: Bartrès

### "Eucharistic Desire"

Bernadette's desire for her First Holy Communion grew as her prayer life in solitude increased. In the quiet here she fostered her simple meditative prayerlife.

Let us pray for a love of the Eucharist:

*Bernadette, help me desire the Eucharist as you!*

## Spiritual Life: the Cachot

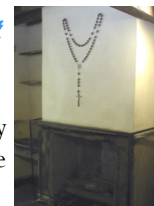
### "School of Humility"

As God called the Blessed Virgin Mary from Nazareth, Mary chose her humble messenger from poverty and simplicity.

*Lord, to remind us of the Message of the Gospel,  
You chose Bernadette from a place of poverty.  
Please help me to truly see and love the poor  
to enter into the spirit of Your Sermon on the Mount.*

Let us pray for an increase in humility:

*Lord—more of YOU and less of me!*



## Holy Life: the Grotto

### "School of Prayer"



Bernadette saw the Mother of God eighteen times in the Grotto at Lourdes. She discovered her vocation of prayer and penance for sinners, her road to holiness.

*Our Lady of Lourdes, The Immaculate Conception,  
you ask each of us, through humble Bernadette,  
to pray for sinners and to do penance,  
to come to the spring to drink and wash of it.*

You are invited to enter into the Grotto in prayer:

*Lord, You are my Rock!*

You are invited to go drink of the spring water:

*Lord, renew and refresh me!*