



# *Our Lady of Lourdes Hospitality* North American Volunteers, LTD.

## YOUTH PILGRIMAGE DRESS CODE

Inappropriate dress is not acceptable in Catholic sites throughout Europe and is strictly enforced. Modesty is most important and appropriate in the holy places where we will spend most of our time. The European standard of dress is more formal than the casual dress of the United States.

The following Dress Code will ensure a reverent and unified look at the Sanctuary and help to maintain the respect Our Lady deserves in the Grotto. This code is intended to assure the dignity and modesty expected of Hospitalité and North American Volunteers. We appreciate your cooperation in keeping the spirit of Lourdes by following this dress code to better serve each other, Our Lady and her pilgrims in Lourdes. All youth volunteers are to be neat, clean and presentable at all times.

**Mobility, flexibility, comfort and modesty are important in volunteer clothing choices.**

### **MALE VOLUNTEERS:**

Lourdes North American Volunteers shirt in designated color of the day.  
Pants (no unbelted or drooping pants). **NO JEANS OR SHORTS.**

### **FEMALE VOLUNTEERS:**

Lourdes North American Volunteers shirt in designated color of the day.  
Pants (**NO JEANS OR SHORTS**) or skirts (below the knee, not tight-fitting).

### ***In addition to the above, all volunteers are required to wear the following during service:***

    Nametag worn easily visible at shoulder at all times (provided by North American Volunteers).  
    Hair tied back away from face.  
    Rubber-soled, closed-toe shoes or sneakers.

### **UNACCEPTABLE ATTIRE FOR NORTH AMERICAN VOLUNTEERS:**

    NO sleeveless tops, tank tops or tops with spaghetti straps.  
    NO tight, low-cut, unbuttoned, transparent or halter tops.  
    NO short-shorts or sweat pants.  
    NO tight pants, leggings, stretch pants or stirrup pants.  
    NO flip-flops or sandals.  
    NO jeans or jean shorts (denim skirts or jumpers acceptable).  
    NO drooping, hanging, saggy, baggy pants or clothing.

*If you are in doubt or question the appropriateness of an article of clothing, let your well-informed conscience be your guide or ask your chaperone.*



# *Our Lady of Lourdes Hospitality* North American Volunteers, LTD.

## YOUTH PILGRIMAGE CODE OF CONDUCT (COPY FOR HOME)

Lourdes is sacred ground, a holy place—a place where miracles happen in an atmosphere of prayer. At Lourdes, we follow the saintly example of Bernadette who responded with an attitude of dignity, respect, generosity, compassion and docility. In a like response, we obediently receive instruction and cooperate with our fellow pilgrims, leaders and directors by kindly greeting others, being on time, honoring the rules, “turning the other cheek” and fulfilling all duties in a responsible manner. There is to be no possession or use of headphones, toy or facsimile weapons, dangerous weapons, drugs or alcohol. There is to be no unruly behavior, inappropriate language or lewd activity, no immodest dress, behavior or activity, no angry outbursts or grumbling. Our conduct re-creates the “Spirit of Lourdes” in response to the gracious and kind invitation of Our Lady.

## BEHAVIOR CONTRACT

I agree to center my behavior in the teachings of the Catholic Church taking seriously my responsibilities as a volunteer and pilgrim. I agree to humbly take direction from the leadership team, directors and those in authority over me. I agree to be an example of Christ-like love and Marian modesty, following all the rules for behavior, conduct, curfew and dress code. I agree to respectfully participate in the prayers, liturgies and ceremonies throughout the pilgrimage. I agree to follow the schedule and be punctual for and to participate in all activities, meetings and volunteer service. I will embrace every person as a fellow pilgrim, respecting that Christ lives in and loves each of us. I will offer charitable assistance to the sick with compassion, caring for individuals with respect and generosity.

I agree to bring any concerns or problems encountered to Adult Leadership Team Members privately, allowing problems to be charitably discussed and handled in a confidential and timely manner. I agree to accept responsibility for all of my actions. If I should fail in any way, I agree to accept any consequences, make an honest effort to seek help and return to a behavior pattern centered in faith, respectful of self and others. Furthermore, I understand that if my behavior is disruptive to others, I may be asked to or required to depart early at my expense.

I agree to abide by all the decisions of the North American Lourdes Pilgrimage Director.

## PARENT AGREEMENT

I agree with the Youth Code of Conduct and Behavior Contract. I agree that appropriate behavior is paramount to a positive faith experience. Furthermore, I understand and agree I will make and pay for travel arrangements for my child to return home early, if necessary. I understand this will only happen if the Adult Leadership Team and Priest agree it is best for my child and the pilgrimage.